

PE Long Term Plan 24/25

2024-25	Autumn		Spring		Summer	
	1 st half	2 nd half	1 st half	2 nd half	1 st half	2 nd half
Wrens (R/Y1)	Introduction to PE (1)	Fundamentals (1)	Gymnastics (1)	Dance (1)	Games (1)	Athletics (Yr1)
	Introduction to PE (2)	Ball Skills (1)	Yoga (Yr1)	Team building (1)	Sending and receiving (Yr1)	Target Games (Yr1)
Robins (Y2)	Fundamentals	Team building	Dance	Gymnastics	Net and wall	Athletics
	Fitness	Ball skills	Target games	Sending and receiving	Invasion	Striking and fielding
Kingfishers (Y3/4)	Ball skills (3/4)	Dance (4)	Gymnastics (4)	Netball (3/4)	Hockey (3)	Athletics (4)
	Tag Rugby (3/4)	OAA (3)	Swimming/ Yoga	Swimming/Yoga	Cricket (3)	Tennis (3)
Eagles (Y5/6)	Badminton/ Swimming	Badminton/ Swimming	Yoga	Gymnastics	Rounders	Athletics
	Basketball	OAA (Year 5)	Fitness	Handball	Golf	Tennis